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## Agenda

## Legal and Ethical Considerations in Clinical Practice: Updates and Current Issues Pamela Harmell, Ph.D.

9:00 - 9:10 Welcome and Introduction

9:10 – 10:00 Introduction to legal and ethical issues

Four elements holding therapists accountable for their professional work

Proof hurdles in legal decision making

The "four bins" method

The difference between confidentiality, privilege and privacy

Examples of real life ethical situations

Frequently asked questions

Landmark decision: The rule of least restrictive treatment O'Connor vs Donaldson (1975) Federal Supreme Court Ruling

10:00-10:30 Cultural humility

Intersectionality

Broad dimensions of clinical competency Four components of clinical competency

10:30 -10:40 Break

10:40 -12:00 Ethnic matching between therapist and client

Three pillars of clinical competency

Use of social justice in the therapy relationship

Sum up questions

12:00 – 12:40 Lunch

12:40 - 2: 15 Working Across State Lines in General

Working Across State Lines in the time of COVID

- APA Position Paper
- How to Protect Yourself

The Third Party Rule

2:15 - 2:25 Break

2:25 – 3:00 Informed Consent for Telehealth during the COVID-19 Pandemic

Suggested format and wording
 Psychotherapists as "Essential" Workers
 Informed Consent with Teletherapy

3:00-4:00 Counter-transference and burnout

Therapist impairment Therapist self-care

The "dove" method of self-awareness

Career sustaining behaviors